

Holy Family Parish Book Club : Rebuilt

SESSION 2

Participant Guide – Reflection & Video

CHAPTER 1&2

Reflect on the CALL TO ACTION from the end of the last session (On page 2 of Participant Guide week 1). Share your reflection with your group.

Watch Video #2:

Always have faith and trust in God when things aren't going well

We like to be comfortable, and when we achieve that feeling, we want to hold onto it. However, this is often contrary to God's plan for us, and we should remind ourselves that to grow in faith, or to grow in any aspect of our lives, we need to recognize that it won't always happen in the comfortable situations that we might want it to.

In the book of Genesis, God calls Abraham to put his trust and faith in Him and step out of his comfort zone. Father Michael explores Abraham's response, the eventual outcomes, and relates them to experiences in their church.

True growth in our faith comes only when we challenge ourselves. This sometimes means questioning what we are doing, and when something isn't working - having the courage to change it, or walk away. We also look at the importance of stepping out of our comfort zones to learn from others who are growing and succeeding.

Participant Guide – Small Group Discussion

CHAPTER 3

Discussion Question:

"To whom should we, as a church, be intentionally reaching out to?"

CHAPTER 4

Discussion Question:

“How could you convince a parishioner to embrace reaching out to the people discussed in question 3, if they are showing resistance because of changes or sacrifices they would need to make?”

CHAPTER 5

Discussion Question:

“Make a list of reasons why people do NOT come to church.”

CHAPTER 3&5

CALL TO ACTION:

Take some time this week to...

- Think about people in your life, who you’d love to see at church.
- Identify the person who would be the most difficult to convince.
- Reflect and write down the biggest challenges to convincing them to come to church, and what their main objections would be.
