

### Participant Guide – Video, Discussion, Prayer & Reflection

#### Next STEPS Video:

##### How to approach the journey to discipleship

In this video, Father Michael talks about the importance of viewing faith as a journey and a series of steps, shown through lifestyle choices: Serving in Ministry & Missions; Tithing & Giving; Engaging in a Small Group; Practicing Prayer & Sacraments; and Sharing through Evangelization. While we do not earn our way to heaven or into a relationship with God, it does not mean we do not have put in effort. God wants to lead us to complete faith and trust in him. Faith requires works. As James said, "Faith without works is dead." (James 2:14-22)

Fr Michael outlines the five major steps we need to take to become fully devoted followers of Christ, and highlights that they are not obligations to check off, but helpful and necessary steps, to support us on our journey, and make us more successful in our lives.

#### Next STEPS

#### Discussion Question:

*"Following your reflections on Next STEPS in the past couple of weeks - what became clearer to you after hearing Father Michael's message?"*

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#### Next STEPS

#### Prayer & Reflection:

Invite your table participants to pray together for God's wisdom and guidance so that each member of the group can find their Next STEP, then take a moment to reflect / make notes in your Next STEPS booklet.

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#### ALL CHAPTERS

#### Discussion Question:

*Ask yourself: "What, up to now, has prevented me from making more of a personal contribution to the life of the parish?"*

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**Discussion Question:**

*“What culture, and other factors are important in ensuring that we have the right volunteers, staff and leadership in the church?”*

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**TABLE GROUP ACTIVITY QUESTION:**

*“What practical actions, habits, or behaviours could transform our parish culture, if every parishioner adopted them?”*

- Take 5 quiet minutes (no discussion yet) to consider the above question and write down some answers. To assist you:
  - Review your notes / reflections on the Rebuilt book
  - Reflect on what has been discussed at your table
  - Consider your own experiences (good and bad)
- Take 5 minutes to share your answers in your table group, and have one person write them down on the brainstorm sheet.
- Take 5 minutes as a group to identify your table’s “top 3 – model behaviours”.

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**CALL TO ACTION:**

**Put into practise this week – either the top 3 from your table group, or your own top 3 model behaviours!**