

## “Fear Not”

“I can help others overcome fears by being a role model and trusting in God”

### A) ENTRANCE SONG – Worship Leader, Catechist & Dancers

→ **#1 > TECH:** Start **Entrance Song** VIDEO as soon as you hear the kids coming down (approx. 5 minutes into the Mass)

‘My God is So Strong and So Mighty...’

→ **#2 > TECH:** “Welcome” IMAGE immediately after song ends.

---

### B) WELCOME – WORSHIP LEADER

**Crowd Minister:** choose 3 older kids now to go up and read the Prayers of the Faithful after the questions at the end of Time Travellers. Also, for **9:30 Mass only**, please choose 3 Gift Bearers.

Hi Kids! Welcome to Time Travelers. We are so glad you joined this week.

We are all afraid of something, but we don't have to be embarrassed or ashamed of our fear because it's how God made us. Fears can keep us safe, but some fears are lies we believe that keep us fearful. In this series we will look at how we can bust those fears and trust in God.

Before we get started... Let's meet some of our ministers who live out their faith by serving here in Time Travelers. (Introduce yourself and the ministers.) Do we have any one here for the first time today? (Worship Leader acknowledges any kids who have come for the first time.)

If you are new or you come every week, we are always glad you are here and we can't wait to get started as we dance and worship to great music, travel back in time to hear God's Word and learn all about all the great things God has in store for us. . **Let us pray...**

## C) PRAYER - WORSHIP LEADER Leads group in prayer...

→ #3 >TECH: Prayer IMAGE (has music) while Worship Leader prays.

→ #4 >TECH: "What's the big idea?" VIDEO right after the song ends.

---

## D) BIG IDEA – WORSHIP LEADER

→ #5 >TECH: “What’s the Big Idea” IMAGE after the Big Ideas Video.

Please watch Director Video before the lesson.

[https://player.vimeo.com/external/356288632.hd.mp4?s=b239cb31e3fa351d2c78666167ff15d2361bffa7&profile\\_id=174&download=1](https://player.vimeo.com/external/356288632.hd.mp4?s=b239cb31e3fa351d2c78666167ff15d2361bffa7&profile_id=174&download=1)

We have been learning to Fear Not! Having fear is normal, but some fears are lies that keep us from living the life God wants you to live. God wants you to trust in Him and He will give you the courage to face your fears. I don't know everything that's happening in your life, but now you know with God's help, you can overcome it! If you think about it, people all around you are going through something too. They will face situations similar to yours. When they see you refusing to give in to fear, it will help them not to give into fear as well.

### ACTIVITY:

Let's say “**fear**” is represented by this dark colored jar of water. (*Jar is filled with water and iodine.*) Fear can be like a darkness and can separate you from Jesus. And as you have been learning, fear can be like lies that keep you in the dark and away from the life Jesus wants for you.

So let's say this other jar represents a friend. And this friend is facing some big fears right now (Pour “**fear**” into jar labeled “**friend.**” (*This jar is filled with water only.*) The fear your friend is experiencing can take over his life. All of your friend's thoughts and worries are affected by his fear and can keep your friend living in that fear. But during this series, you have been learning to trust in God when you are afraid because He can give you the courage to overcome that fear.

Let's pretend, that this jar represents “**you.**” (*Point to the jar filled with Bleach.*) And now that you know you can trust God with your fear, you are able to find the courage to overcome it. When fear enters your life, (*Pour in “**Fear**” into the jar with bleach marked “**You.**”*) you know you don't have to be afraid because when we trust in Jesus, He can

help us face our fears and keep them from taking over. Isn't that amazing? (*The jar filled with bleach will take away the color.*)

But God doesn't want us to stop there. In fact, the word **courage** is also part of another word "**encourage.**" Remember, when I said that when you face your fears with God's help, people are watching. Well that's exactly what God wants us to do. We can encourage others by telling them that God cares for them and that they can trust Him with their fears too. When we take the time to encourage others to trust God and remind them of His love for us, we can help them overcome their fears too. (*Pour "You" into "Friend" jar, the color will disappear.*)

**Did you see the impact you can have on your friend's fears! It completely changed everything!**

## → #6 >TECH: Bottom Line of the Week –

Each of us can make that kind of difference in the lives of those who are afraid. When you trust that God will help you with your fear, others are watching and when they see you overcome your fears it can make a huge difference. Whether you realize it or not, what you DO has an effect on others. God wants you to think about the impact you have and then use it for good. When you trust God, others are watching and that just might be what someone needs to trust in God and face their fears.

We all need each other to help us get through hard things in our lives. If a friend is having trouble with something, help him or her with it if you can. You can help your friends when you see them facing a scary situation. You can make friends with a new kid at school, even if they're afraid to say hi first. Or you can cheer on your teammates, even when others don't want to speak up. You can calm your little brother or sister when they're afraid of thunder. Sometimes just a little bit of help is all someone needs to be able to overcome fear.

And right here in this room, we can help each other overcome fear by praying for each other, encouraging each other, reading the Bible together and sharing what's going on in our lives.

It's true! You've heard it all month long—life can be scary but that's all the more reason to help others overcome their fears. As you get stronger in your faith and trust God more, He will help you overcome fear and give you opportunities to help others with their fear. When your friends see you not giving in to fear, they will be inspired to face their fears too.

Believe it or not, all of you ARE role models. You have friends, siblings, neighbors, and even adults watching your actions. People see what you are doing, so try hard to keep going. Even when you are afraid that you won't make the soccer team, keep fighting and have a good attitude. Even when it looks like your mom might have to go to the hospital for a little while, keep encouraging your family to trust in God. In those moments, we

get to be good examples for those around us. You know that you can trust God no matter what. Help others see that too by the way you show courage. Choose to be the one who has courage even if you're the only one.

**Continue...**

*Reminder, **TECH**: if not done, put Bottom Line of the Week slide. -*

**That reminds me of this week's bottom line:**

**I can help others to face their fears by trusting in God, when I am afraid.**

Helping them know that they are not alone is so important. We have God on our side...Not only God, but Jesus and the Holy Spirit too. They have the supreme power to overcome any fears or darkness. Let's find out more about this supreme power as we travel back in time to hear the Word of God.

**Time Travelling...**

## **E) TIME TRAVELING – CATECHIST**

→ **#7 >TECH: Time Traveling VIDEO**

→ **#8 >TECH: Bible IMAGE**

## **BIBLE STORY – CATECHIST**

This week's Bible Story has a presentation using a can and a piece of paper so please watch the directors message video below for instructions. The Script is on our webpage.

[https://player.vimeo.com/external/356288632.hd.mp4?s=b239cb31e3fa351d2c78666167ff15d2361bffa7&profile\\_id=174&download=1](https://player.vimeo.com/external/356288632.hd.mp4?s=b239cb31e3fa351d2c78666167ff15d2361bffa7&profile_id=174&download=1)

## **F) MESSAGE – VIDEO (From Rebuilt)**

→ **#9 >TECH: Play Message (Rebuilt) VIDEO**

**Here is the link to the message video:**

[https://player.vimeo.com/external/191551754.hd.mp4?s=5a3232ee498659e76318c3dcdaf65499f566ffd9&profile\\_id=174&download=1](https://player.vimeo.com/external/191551754.hd.mp4?s=5a3232ee498659e76318c3dcdaf65499f566ffd9&profile_id=174&download=1)

→ **#10 >TECH: Message – ‘FEAR NOT’ IMAGE** right after the video

## **G) TALK TIME - CATECHIST**

### **Discussion Questions:**

(Leader will ask kids questions to help them apply the message to their lives. limit answers to one child per question.)

### Discussion Questions:

1. When you're facing a fear, there's a good chance that people are watching. What can you do this week to make a positive impact on someone else?
2. What are some ways you can make a difference in the lives of those who are afraid?
3. How might your example of asking trusting in God for courage to face your fears encourage someone to overcome their fears?
4. How can you live at peace with those in your family? What about with kids at school? With your teammates? Coaches? Teachers? Leaders?

## **H) WORSHIP SONG – CHOREOGRAPHER & DANCERS**

→ **#12 >TECH: Worship Song VIDEO** at the catechist cue

**'I'VE GOT PEACE LIKE A RIVER...'**

→ #13 >TECH: 'Challenge of the Week' IMAGE after song.

## I) CHALLENGE – CATECHIST

Look for ways to help others overcome fear.

## J) THE APOSTLES' CREED Video

→ #14 >TECH: Play 'Apostle's Creed' VIDEO

→ #15 >TECH: 'We Pray for Others' IMAGE RIGHT AFTER VIDEO

## K) Prayers of the Faithful - Catechist

Crowd Minister, send up the 3 Prayers of the Faithful readers.

We will be Praying for others by using Prayers of the Faithful format.  
We will have cards available for older kids to come of up on stage to read. Our Crowd ministers will choose them for you.

**Catechists: If time is running out, please read them yourself.**

→ #16 >TECH: 'Lord help us to carry out your Mission this week' IMAGE

## L) Closing Prayer - Catechist

**Pray for the kids to carry out the Mission this week...**

→ #17 >TECH: 'SEE YOU NEXT WEEK' IMAGE

**THE END**

---

**TECH: The following are in case we need to fill time...**

→ **#18 >TECH: 'THIS IS AMAZING GRACE' WORSHIP VIDEO**

→ **#17 >TECH: 'ENDLESS PRAISE' WORSHIP VIDEO**