

Small Group Newsletter

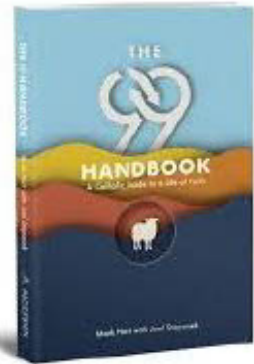
H O L Y F A M I L Y P A R I S H

J U N E - 2 0 2 2

l o v e G o d - l o v e o t h e r s - m a k e d i s c i p l e s



Looking for a Great Summer Small Group Series? ...The 99 Handbook!



We encourage all Small Groups to complete “The 99 Handbook: A Catholic Guide to a Life of Faith”. Whether you participated in The 99 Retreat or not, this is the right Next Step for you to grow in discipleship as a Small Group...

The 99 Handbook is an invitation to examine your life of faith, beginning with where you are right now. Drawing on more than twenty years of ministry experience, author Mark Hart invites us to face the issues that are necessary for living a fulfilling life within the flock of Jesus, the Good Shepherd. With doses of humor and easy-to-read style, The 99 Handbook makes the case that a life of faith a personal relationship with Jesus is necessary, reasonable, and rewarding. It also shows that evangelization is an essential calling of every Christian.

Talk about it as a group, decide when you will start – go at your own pace. Simply visit the parish office to purchase your books (*you will need one for each member of your group at \$15 each*). Books will be available for purchase at the Potluck on June 8th for \$15 each – cash only please.

WE WANT TO HEAR FROM YOU!

Send Kim photos of your group!

We are also looking for Group Testimonies
or Personal Testimonies.

Is there something your group is doing that is unique or interesting?

What has being part of this group meant to you?

Has there been a series that was particularly moving?

Tell us Anything that you would like to share with others about your journey!

Send you photos or testimonies to Kim at: holyfamily.kim@gmail.com

Share
Your
Faith!





Popes Intention for June

FAMILIES...

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

"In imitation of the Holy Family, we are called to rediscover the educational value of the family unit: it requires being founded on the love that always regenerates relationships, opening up horizons of hope. Within the family one can experience sincere communion when it is a house of prayer, when affections are serious, profound, pure, when forgiveness prevails over discord, when the daily harshness of life is softened by mutual tenderness and serene adherence to God's will. In this way, the family opens itself up to the joy that God gives to all those who know how to give joyfully. At the same time, it finds the spiritual energy to

be open to the outside world, to others, to serving brothers and sisters, to cooperation in building an ever new and better world; capable, therefore, of becoming a bearer of positive stimuli; the family evangelizes by the example of life." *(Pope Francis, Angelus)*

GRACE: We pray for families, that they may be guided by the Holy Spirit and be strengthened in love. May God grant us the grace to support families in their mission.

AS A GROUP - REFLECT & DISCUSS:

- Think of your own family and loved ones, how have you seen God work through them, where do you struggle to see God's grace in them?
- How can you support loving families, both your own family and families in your community at large?

SEE YOU ON JUNE 8TH!

Small Group Potluck & Fellowship

Bring your favourite appetizer!

Wednesday June 8th - 7:30pm in the church hall





June is Dedicated to *The Sacred Heart of Jesus*

The Solemnity of the Most Sacred Heart of Jesus recalls Christ's love for us. Here are five facts that you may not know about this important feast of Our Lord.

The devotion to the Sacred Heart of Jesus took centuries to become a universal celebration. The first feast of the Sacred Heart was actually celebrated in 1670 and takes place on the 19th day after Pentecost.

Jesus made 12 promises to those who honor the Sacred Heart to St. Margaret Mary Alacoque:

1. I will give them all the graces necessary for their state in life.
2. I will establish peace in their families.
3. I will comfort them in their trials.
4. I will be their secure refuge during life, and, above all, in death.
5. I will shed abundant blessings on all their undertakings.
6. Sinners will find in My Heart an infinite ocean of mercy.
7. Lukewarm souls will become fervent.
8. Fervent souls will rapidly grow in holiness and perfection.
9. I will bless every place where an image of My Heart shall be exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. The names of those who promote this devotion will be written in My Heart, never to be blotted out.
12. I promise thee, in the excessive mercy of My Heart, that My all-powerful love will grant to all those who receive Holy Communion on the First Friday of nine consecutive months, the grace of final penitence; they shall not die in My disgrace nor without receiving their Sacraments; My Divine Heart shall be their safe refuge in this last moment.

Small Group Prayer Suggestion for June:

O most holy heart of Jesus,
fountain of every blessing, I adore you,
I love you, and with lively sorrow for my sins
I offer you this poor heart of mine.
Make me humble, patient, pure and wholly obedient to your will.
Grant, Good Jesus, that I may live in you and for you.
Protect me in the midst of danger. Comfort me in my afflictions.
Give me health of body, assistance in my temporal needs,
your blessing on all that I do,
and the grace of a holy death.
Amen.

VISIT: holyfamilywhitby.ca/sacred-heart-of-jesus/