

HEARTS ON *Fire*

A Family Ministry Newsletter from Holy Family Parish, Whitby

Welcome to Hearts on Fire, the newsletter of Holy Family Parish!

Here we share the life of our faith community to invite and encourage us to grow deeper in Christ. Together we answer God's call into relationship with Him, gathering as one Body with a shared purpose.

In this edition, we reflect on the Eucharist. As members of the Body of Christ, may we gather in fellowship, commune with Jesus and, allow His Living Presence to guide and transform us.



HFkids FAMILY BRUNCH

June 14, 2026

We look forward to seeing you there!
All are welcome.

FAITH IS THE FOUNDATION OF LIFE

A message from Fr. László Nagy

Dear Parish Family,

As I prepare to leave for my new assignment in another parish, I wish to leave you with one simple and heartfelt encouragement: keep Christ at the centre of your family life.

In every home, something becomes the centre—work, schedules, worries, finances, or busyness. But when Jesus Christ is truly at the centre, everything else begins to find its proper place. Peace grows stronger, forgiveness becomes easier, love becomes deeper, and the home becomes a place of grace.

The surest way to keep Christ at the centre is through the Eucharist. The Holy Mass is not simply an obligation; it is the greatest gift Christ has given us. In the Eucharist, He feeds us with His own life, strengthens our hearts, heals our wounds, and unites us as one family of faith.

A family that prays together and worships together grows stronger together. Bring your children to Mass. Make Sunday sacred. Pray before meals. Speak about God in your home. Teach the next generation that faith is not something occasional, but the foundation of life.

No family is without struggles, but a family rooted in Christ will never be without hope. When Jesus is welcomed into the home, He brings light into darkness and strength into weakness.

As I leave, I carry each of you with gratitude in my heart. Thank you for your faithfulness, your kindness, your prayers, and the many ways you have supported our parish family through the years. It has been a blessing to serve you.

Please know that I will keep all of you in my prayers. I humbly ask you to remember me in yours as I begin this new chapter of ministry.



May the Lord bless your homes, keep your families close to Him, and may the Eucharist always remain the heart of your lives.

With gratitude and prayers,
Fr. László Nagy

JESUS WELCOMES THE LITTLE ONES

In [Mark 10:14](#), when children were brought to Jesus, He said:

"Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs."



This beautiful moment shows Christ's tender love for children. Their innocence, trust, and openness remind us all of the kind of heart that welcomes God's kingdom. Jesus embraced and blessed them, revealing how precious they are in God's eyes. For families, this is a quiet invitation to bring children close to Christ—especially through prayer, Sunday Mass, and the life of the parish. When children grow in faith alongside their families, the home becomes a place where God's love is shared in simple and joyful ways.

Join us for faith-filled fun and fellowship. We hope to see you soon.

PLAYGROUP FOR LITTLE ONES (0-5YRS)

Every Thursday morning, 9:30am to 11:00am
To learn more or to register: [PLAYGROUP](#)

HOLY FAMILY MOM'S GROUP

Second Wednesday of each month at 7:30 pm
To learn more or to register: [Click here](#)
Upcoming meetings: May 13, Jun 10

HOLY FAMILY DAD'S GROUP

Third Thursday of each month at 7:30pm
To learn more or to register: [Click here](#)
Upcoming meetings: May 21, Jun 18

YOUTH MINISTRY EVENING PROGRAMS

EDGE meets twice a month, every second and fourth Thursday from 6:45 pm to 8:30 pm.

LIFE TEEN meets twice a month, every first and third Thursday from 6:45 pm to 9:00 pm.

To register, please visit our website holymfamilywhitby.ca/youth or visit the Welcome Desk after Mass for registration forms. If you have questions, please contact our youth minister Samantha at: hfw.youth@gmail.com.



HFkids - 225 kids joined us between 2 Masses for an Interactive Palm Sunday Experience

CALLING ALL STUDENTS, STAFF AND PARENTS!

We want to know...In a few sentences, tell us about your relationship with God.

[Email us your message](#) with your first name and age, and we may select your message for our next newsletter!



“Preach the gospel at all times, and if necessary use words”

St. Francis of Assisi

AM I WORTHY OF HIS LOVE?

YES! You are worthy of His love. You matter deeply to God.

You might ask: Am I still worthy after what I've done, or what I keep on doing?
The answer is still Yes.

God's love is not fragile. It does not waver with your past, your failures, or your future. As Romans 8 declares: nothing can separate you from the love of God.

The real question is not whether He loves you. It's whether you believe He could love you that much.

You may doubt but Scripture tells a consistent story: God's love is not hidden. It is revealed fully through Jesus; in His life, His death, and His resurrection. Through Him, we see abundance, not scarcity. We hear "do not fear," not condemnation.

The invitation remains simple and bold: ask, seek, knock - and the door will be opened.

Now, here is another deeper question: If you believe He loves you unconditionally, will YOU love Him unconditionally?

Will you remain faithful if He doesn't give you everything you want? If healing doesn't come? If obedience costs you something?

To love Him for who He is, not for what He gives, is devotion. That is true worship.

PODCAST

How do you help your kids build a faith that actually lasts?

In this podcast episode from the Lila Rose Show, hear Dr. Greg and Lisa Popcak explore how love, reason, and prayer—not fear—create a lasting spiritual foundation.

[Listen Here](#)

WHAT DOES IT MEAN?

Reflect further on the following words and phrases

Propitiation/Atoning Sacrifice -

([1 John 2:2](#), [1 John 4:10](#), [Romans 3:25](#), [Hebrews 2:17](#))

By grace -

([Ephesians 2:8-9](#), [Romans 6:14](#), [Titus 3:7](#))

Real Presence -

([Matthew 26:26-28](#), [Mark 14:22-25](#), [Luke 22:19-20](#), [1 Corinthians 11:23-26](#))

By faith -

([Hebrews 11:1](#), [Galatians 3:11](#), [2 Corinthians 5:7](#))

LENDING LIBRARY

We have a Kids Lending Library with over 400 quality Catholic books. It's open after the 9:30 & 11:00 Masses and is free to use!



Ever find yourself going through the motions at Mass or wishing your kids understood it better? This short video brings the Mass to life in a simple, engaging way, unpacking what's happening and why it matters. A beautiful way to deepen your experience and spark meaningful family conversations.

“Jesus’ love goes before us..He can see beyond appearances, beyond sin, beyond failures and unworthiness...He sees beyond this, to our dignity as sons and daughters, a dignity at times sullied by sin, but one which endures in the depth of our soul. He came precisely to seek out all those who feel unworthy of God, unworthy of others.”

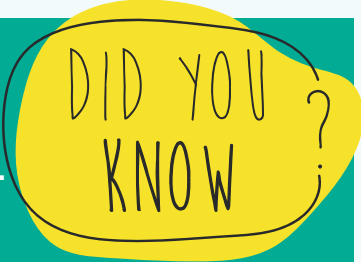
Homily at Plaza de la Revolución during Pope Francis' Apostolic Journey to Cuba

REFLECTION AND YOUR CALL TO ACTION

- 1 When did you last truly encounter Jesus – not as an idea, but as a living presence? If it's been a while, be still and invite Him in.
- 2 When was the last time you sat in the quiet presence of God at the altar? Spend a few moments in Eucharistic Adoration and simply be with Jesus, allowing remembrance to become a real encounter. "Oh come, let us adore Him."

- 3 Do you believe Jesus is who He claimed to be? If you have doubts, pray and ask Him to meet you there.
- 4 Do you really believe God loves you without conditions, or are you still trying to earn His love? What do you think would change if you received that love fully?
- 5 When have you known you were exactly where you were meant to be? What aligned in your heart at that time, and what may be keeping you from living there again?

Jesus made several claims about himself, using "I AM" statements (9).



Some of which are:
 I AM the Way, the Truth and the Life;
 I AM the bread of life;
 I AM the living water;
 I AM the light of the world;
 I AM the door/gate etc.

He also said he was the "I AM" of the Old Testament ([John 8:57-58](#), [Exodus 3:14](#)).

Do you believe Jesus is who he said he was?
 Read his claims here: [John 6:35](#), [John 8:12](#), [John 10:7-9](#), [John 10:11](#), [John 11:25](#), [John 14:6](#), [John 15:1](#), and [Mark 14:61-62](#).

THANK YOU

for reading Hearts on Fire newsletter from Holy Family Parish, Whitby. We're glad you're part of our community of faith.

Have questions or thoughts? We'd love to hear from you!

familyministry.hf@gmail.com



Explore our Family resources.
 Visit our [Parent Portal](#)



love God
 love others
 make disciples